

Bipolar Mood Disorder DATE 12/1/10

High phase

My daughter Sneha got this problem of Bipolar mood disorder High phase where she used to behave in a where like every action of hers ~~of~~ was extreme for eg, eating, spending, misbehaving etc, that time I consulted Dr Mehra since he is our family doctor & I was like really upset about what has happened and took his medicine, Dr. Sunil had instructed ~~us~~ that you have to have ~~patience~~ patience, I have full faith in Dr Mehra but at that point of time I was little impotent & I had gone to a Psychiatrist also where he said you will have to take allopathy medicines but knowing that allopathy medicines always have its side effects so I once & for all decided that come what may will not give Sneha allopathy medicine. initially we used to come every week to him nearly for 2 months then as she started improving every 15 days & now every month, I know what I went through when Sneha was not ~~in~~ he not well but with Dr Mehra's constant support & medicine she is finally alright but she still has to take medicine for some time more since Dr says that some maintenance dose is required till we are thoroughly

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convinced that chances of reoccurrence
is bleak.

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